



at the... shops

*Simple changes can save you \$\$
as well as saving our environment.*

Better Buying

- Check your purchases for **“packaging overload”** – how much plastic, cardboard, paper is wrapping your latest buy? How much can be recycled?
- Buy concentrates; buy refills; buy in bulk **(it’s cheaper!)**.
- Buy local produce to save on transport costs.

Plastic Bags

- Say **NO** to plastic bags whenever you can.
- Keep bags in your car or handbag to reuse when shopping.

Appliances/Homewares

- Purchase appliances with high energy stars and water saving ratings.
- Ask the store to take back the packaging (eg. for large appliances).
- Look out for power-saving features on computers and other appliances.

VITAMIN D
MILK

VITAMIN D
MILK

VITAMIN D
MILK

